

OBAATAN

Afuraitkaitnit Womanhood



ODWIRAMANFO MMAATAN

AND

ODWIRAFO KWESI RA NEHEM P'TAH AKHAN

Afuraka/Afuraitkait (Ah'-foo-rah-kah'/Ah'-foo-rah'-ette-kah'-ette):

Ra (Rah) and **Rait** (Rah-ette') are the Creator and Creatress of the world. Together They function as One Divine Unit--The Great Spirit of the Supreme Being. When moving through matter (**Afu**), during the process of Creation, They take on the titles: **Afu Ra** and **Afu Rait**.

In the language of ancient **Khanit/Keneset** and **Kamit** (ancient Nubia and Egypt), **Afuraka/Afuraitkait** is the male/female name of the first landmass or continent of Earth. These male and female names literally mean the **Ka** (land, hill) of **Afu Ra** (the Creator) and the **Kait** (land, hill) of **Afu Rait** (the Creatress). These titles are over 40,000 years old. **Afuraka** is the original pronunciation of the english corruption "Africa".

Afurakani (*African--male*) **Afuraitkaitnit** (*African--female*)

Afurakanu (*Africans--male*) **Afuraitkaitnut** (*Africans--female*)

For more details see our nboma (book):

AFURAKA/AFURAITKAIT The origin of the term 'Africa'

www.odwirafo.com/AFURAKA-AFURAITKAIT.html

*The wisdom of Afuraitkaitnit (African) women who carry the energy complexes of the various **Abosom** (Deities) governing the seven-day week and thus the seven principal values of **OBAATAN** informed the seven chapters of this book. These values are enshrined by the Ancestresses of our great **matriclans** and transmitted to each woman.*

ODWIRAMANFO MMAATAN is this collective of women within **ODWIRAMAN - Purified Nation Afurakanu/Afuraitkaitnut (Africans) in the Western Hemisphere:** Ena Esi, Iya Adjua, Iya'Ibeji Nailah Sankofa, Abenaa Netra Boakyewaa, Aquia Kai, Seshat Tut Ankh Wadjet, Kajara Nia Yaa Nebthet, Mama Mawusi Ashshakir, Afia Asase Bretuo, Yoofiwaaw Kyekye, Aamit Sankofawaa, Amma Asaase Agyei, Kalindah Laveaux, Maat em Maakheru Amen.

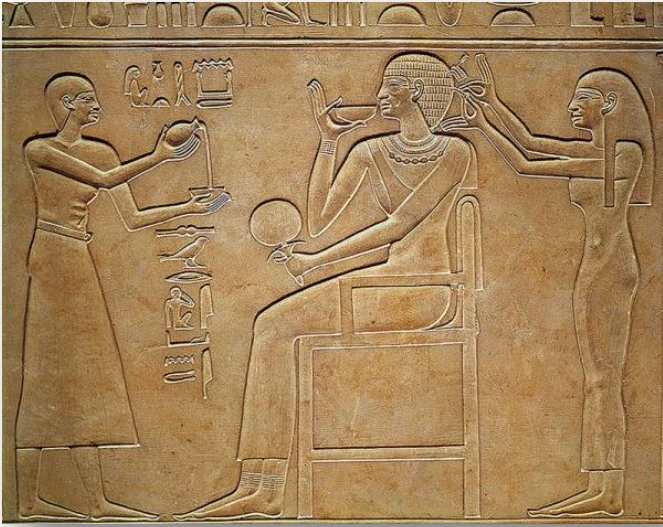
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OBAATAN

Afuraitkaitnit Womanhood

- Order** *Recognize the Divine Order of Creation: the balance of female and male*
- Balance** *Perpetuate that Balance in every aspect of your existence*
- Artillery** *Acquire and develop weapons, physical and non-physical, for the absolute defense of the Order and Balance*
- Ascribe** *Continuously ascribe the values of Divine Order to every thought, intention and action*
- Transform** *Transform your inner-vision in order to make proper judgments in life and achieve individual womanhood*
- Attune** *Participate fully in the Divine Order of Creation via marriage: attune yourself to the Afurakani male who is your balance*
- Nurture** *Understand that Order must be nurtured through your specific Afuraitkaitnit cultural context: communal womanhood*

Remember the first letter of every step, remember **OBAATAN** and you will recognize your nature as an Afuraitkaitnit woman.



Kamit - 4,000 years ago, 11th Dynasty

Henut Kawit, *Hemat Nesut*, *Hemat Ntorot* **Het Heru**

Queen Kawit, *Wife of the King*, *Priestess of* **Het Heru**

Queen **Kawit** is shown having her hair twisted or *locked*, while being served a drink by her royal attendants. The standard of balanced character, beauty, spirituality and executive authority as manifest by the **Afuraitkaitnit obaatan**, the African~Black woman, 4,000 years ago.

OBAATAN

Afuraitkaitnit Womanhood

Obaatan (aw-bah'-ah-tahn) is the Twi/Akan term for **woman**. It refers not only to a *female*, but also an *honorable, powerful* female worthy to be called **woman - obaatan**. The term **obaa** means *woman* while *a woman who is a parent* is further defined as **obaatan**. This is one who has recognized one of her primary functions as a vessel through whom one or more Ancestresses and Ancestors are empowered to return to the world via **bebra** (reincarnation). We also have the communal obaatan who may have been unable to have her own children, yet participates in the development of others by lending her sacred energy for nurturing, protection, healing and guidance. In **Afurakani/Afuraitkaitnit** (African) Ancestral Culture, your/our Ancestrally inherited culture, **womanhood is not defined only by age or biology**. To be **obaatan** in the true sense is: *to recognize, internalize and demonstrate through thought, intention and action a specific configuration of principal values*. These principal values stream from the Divine and Ancestral Forces of womanhood that define your spirit and shape your potential.

Female-ness is defined by biology. *Adulthood* is defined by age. Yet, there can exist an *adult female* who is not yet *obaa* or *obaatan*, an adult female who is not yet a woman. This means that the individual has reached the age where her body is full-grown, however her character is not fully grown. This is a female who thinks and acts like a child. This is unnatural, unacceptable and self-destructive to self and community. It is very easy to identify such individuals in the Afurakani/Afuraitkaitnit (African~Black) community---and the disorder they perpetuate.

As an Afuraitkaitnit female, when you embrace the fullness of your Ancestry, physical and spiritual, you ascend naturally in harmony with your biological development to the position of *obaa* and *obaatan*. You are then and only then capable of participating in the Natural/Divine Order of which you were/are

created to be a component part. You are then and only then capable of fulfilling your unique function in the world, without creating or perpetuating disorder in the process.

Each day of the seven-day week is governed by a celestial body: solar, lunar or planetary. The seven-day week was first received and utilized by **Afurakanu/Afuraitkaitnut** (Africans~Black People) thousands of years ago. The whites and their offspring learned of the division of the week into seven days based on the cycle of solar, lunar and planetary bodies after having invaded Afurakani/Afuraitkaitnit (African) civilizations. In **Akan** culture, the seven days are governed by Major **Abosom** (Deities) operating through the solar, lunar or planetary (**okyin**) body which governs the day. The days, their respective *Abosom* and celestial bodies are [*Akwesida* through *Memeneda* – *sunday* through *saturday*]:

<u>Da</u> (<i>day</i>)	<u>Obosom</u>	<u>Owia, Osrane and Okyin</u>
Akwesida	Awusi	(<i>Owia/sun</i>)
Dwooda	Adwoa	(<i>Osrane/moon</i>)
Benada	Bena and Abenaa	(<i>mars</i>)
Awukuda	Awuku and Akua	(<i>mercury</i>)
Yawda	Yaw, Yaa and Aaba	(<i>jupiter, uranus and neptune</i>)
Fida	Afi	(<i>venus</i>)
Memeneda	Amen-Men	(<i>saturn</i>)

The energy of **Owia**, the Sun, heats up your body and effects your emotions, thought-patterns and so on. The **Osrane**, the Moon also called **Bosom**, has effects upon the body, emotions and thought-patterns. The same is true of the planets **Abenaa/Bena, Akua/Awuku, Yaw, Yaa, Aaba, Afi** and **Amen-Men** (*mars, mercury, jupiter, uranus, neptune, venus and saturn*). As they orbit the *Owia* and position themselves on their particular day to influence

the gravitational field of **Asaase** (Earth), they also influence the electromagnetic energy moving through your nervous system, which affects your organs, the way you feel, the way you process information and more.

Moreover, every day of your life is governed by the **Abosom**, the Divine Spirit-Forces, operating *through* these celestial bodies that influence your spirit, your thoughts, intentions and behavior. Afuraitkaitnit **mmaatan**, Afuraitkaitnit **women** (*sing. obaatan, pl. mmaatan*), understand the value of these Spirit-Forces and constantly work to harmonize themselves with Them for the cultivation of themselves, the development and preservation of our families and our people and the eradication of disorder and its purveyors.

The seven principal values of **OBAATAN** are related to these *Abosom* (*Deities*) animating the solar, lunar and planetary bodies which govern the seven-day week. Thus, Afuraitkaitnit mmaatan, Afuraitkaitnit women, each and every day of the week, have an opportunity to focus on the principal value governing that day as it relates to our overall functioning in the world. Every day you have a constant, celestial and spiritual reminder and responsibility to manifest your nature as an Afuraitkaitnit obaatan.

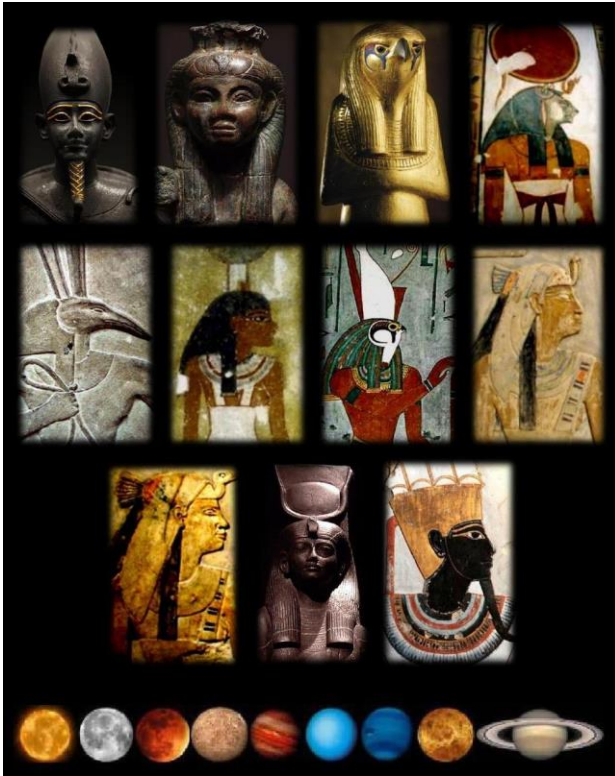
While the language used here is that of the Akan people, these principal values exist within all Afurakani/Afuraitkaitnit ethnic groups. They are thus transferrable to and translatable into all Afurakani/Afuraitkaitnit languages and cultures wherever have migrated upon *Asaase* (Earth).

What makes an Afuraitkaitnit obaatan successful at *recognizing, internalizing and demonstrating these principal values through thought, intention and action* is her strict adherence to **Nanasom, Amammere** and **Amansesew**:

Nanasom: Afurakani/Afuraitkaitnit Ancestral Religion

Amammere: Afurakani/Afuraitkaitnit Ancestral Culture

Amansesew: Afurakani/Afuraitkaitnit Nationbuilding/Restoration



The Abosom (Deities) **Awusi, Adwoa, Bena, Abenaa, Awuku, Akua, Yaw, Yaa, Aaba, Afi** and **Amen Men** are called **Ausar, Auset, Heru Behdety, Sekhmet, Set, Nebt Het, Heru, Wadjet, Nekhebet, Het Heru** and **Amen Men (Min)** respectively in ancient **Kamit** (ancient Egypt). See our **AKRADINBOSOM** page for our books and related articles addressing the nature and function of these Abosom:

AKRADINBOSOM

Akan Abosom (Deities) of the Okra/Okraa (Soul) and the Akan 7-Day Week

www.odwirafo.com/akradinbosom.html

The first principal value of **OBAATAN** directs us to:

ORDER *Recognize the Divine Order of Creation: the Balance of Female and Male*

Such recognition is the foundation of physical, emotional, mental, cultural and spiritual stability. Without this understanding your thoughts, intentions and actions will be imbalanced thereby rendering your person unstable.

Physiologically, the ovum cell of the Afuraitkaitnit female and the sperm cell of the Afurakani male are two halves which create one whole---you. The sperm cell is not superior to the ovum. The ovum is not superior to the sperm. They are complementary opposites. They are the balance of one another. The insanity of “female/male imbalance” or conflict is a manifestation of the ill-culture of the whites and their offspring. It has no basis in reality and has no place in our patterns of thought and behavior. **Indeed, it is the incorporation of this foolish notion that has lead Afurakani males (not men) to abuse Afuraitkaitnit (African) women: sisters, mothers, daughters, nieces, girlfriends, wives, co-workers, schoolmates and so on. It also leads women to rationalize said abuse.**

The balance of female and male goes beyond the physical as there are non-physical qualities that bear the stamp of that which is predominantly feminine and that which is predominantly masculine. Spiritually, psychologically/mentally, you must be able to recognize the *cool/watery* (feminine) aspect of your emotional energy as well as the *fiery* (masculine) aspect of your emotional energy, the feminine aspects of your personality and the masculine aspects. **This has absolutely nothing to do with the insanity of dissexuality (homosexuality).** While you are composed of feminine and masculine components (contributed initially by the ovum and sperm cells that made up your physical body), you have a predominance of the feminine, whereas males have a predominance of the masculine. The same is true with regard to the configuration of your spirit.

The Ultimate Reality of Creation is the foundation of the Divine Balance of female and male. In **Khanit/Keneset** and **Kamit**, the Black Civilizations of Ancient Nubia and Egypt, the Great Goddess is called **Amenet**. The Great God is called **Amen**. Together, **Amenet** and **Amen** Function as One Divine

Unit--**The Supreme Being**, in the process of Creation. This is why Afuraitkaitnit woman and Afurakani man---two distinct entities---must function as one *unit* in order to create a child. This is why females and males in the animal world must function as one unit to procreate.



Amenet



Amenet (Goddess) and Amen (God)

In Akan culture the Great Goddess, is called **Nyamewaa (Ny-Amen-aat)**. The Great God is called **Nyame (Ny-Amen)**. The **Igbo** people of West Afuraka/Afuraitkait call the Great Goddess **Komosu** and the Great God **Chukwu**. The **Senoufo** people call the Great Goddess **Katyeleo** and the Great God **Kolotyolo**. The **Fon** people call the Great Goddess **Mawu** and the Great God **Lisa**. All Afurakani/Afuraitkaitnit cultures recognize the Reality that The Supreme Being is actually comprised of **Goddess** and **God** functioning *Together*. **This is because Afurakani/Afuraitkaitnit people have a direct conscious connection to and experience of The Supreme Being.** It is the whites and their offspring who have put forward the foolish notion that there is a god but no goddess. This lie was deliberately put forward by them in the process of manufacturing the pseudo(false)-religions of christianity, islam, judaism/hebrewism, etc. It is a reflection of their own imbalanced nature. Afurakanu/Afuraitkaitnut who were or are enslaved by the whites and their offspring assumed this imbalanced thinking from them, however it is against Divine Order and thus against our nature.

Female and Male balance is seen in the balance of the **Creatress** and the **Creator**. The **Goddesses** and the **Gods**. The **Ancestresses** and the **Ancestors**. **Sky** and **Earth**, **Water** and **Fire**, inhaling and exhaling, action and inaction (rest), night and day, birth and death, consumption (digestion) and elimination. Waking and sleeping. Accepting and rejecting. **Law** (Love) and **Hate**. And very important and very critically: **Order** and **Non-order**.

It is crucial to understand that **Order** and **Non-Order** are the balance of one another. One can have some clay that is in an unformed state or **non-ordered**. One can then shape the clay into sculptures. The clay is now in an **ordered** state. It went from **non-order** to **order**. If someone came along, saw the clay sculptures, took a hammer and broke them all causing the pieces to scatter all over the room, the clay is now in a state of **disorder**. It is most critical to understand that disorder, as demonstrated clearly here, is **NOT** the *balance* of Order. Disorder is the **perversion** of Order.

In Akan culture there is an **ebe** (proverb) that states: *The Hawk says that all that **Nyamewaa-Nyame** (The Supreme Being) created is Good.* In Afurakani/Afuraitkaitnit culture, **Good** and **Order** are the same concept. Therefore, the opposite of **Order** is **Non-Order**. The opposite of Good (all that **Nyamewaa-Nyame** created) is that which **Nyamewaa-Nyame** did not yet create. The opposite of Good/Existence is Non-Existence. The opposite of that which is **Created** (that which is Good) is that which is **Uncreated** (not yet created).

Good/That which is *Created* is **balanced out** by that which is *Uncreated*. Good is **not** balanced out by evil. *Evil* and *disorder* are the same concept. As in the example above, the *unordered* clay is the *uncreated/unformed* clay. The sculptures are the *formed/created* clay—that which is *good*. When the sculptures are destroyed, that destruction is a **perversion** of the good---**NOT** the balance of the good. It is a **perversion** of the creation, **not** the *balance* of the creation. This is because the destruction was not sanctioned (approved) by the sculptor. It was an act that was against the sculptor's intention. It was a **perversion** of the sculptor's intention. It is therefore unacceptable. Disorder is the *perversion* of Order. Evil is the *perversion* of Good.

Order and Non-Order. Formed and Unformed. Created and Uncreated. Those who are born/exist as Created by **Nyamewaa-Nyame**--- Afurakani/Afuraitkaitnit people. Those who are not yet born/do not yet exist/not yet Created by **Nyamewaa-Nyame**---Afurakani/Afuraitkaitnit Ancestral Spirits who are waiting to be born into the world. True opposites balance one another. They complement one another.

Nyamewaa-Nyame Nhyehyee, The Divine Order, is the Union of Complementary Opposites.

The balance of the **Afuraitkaitnit female** is the **Afurakani male**. The balance of Afurakani/Afuraitkaitnit people---the only *created* people---are the *uncreated* people: the Afurakani/Afuraitkaitnit Ancestresses and Ancestors not yet born. The balance of the Afurakani female is **not** the white female. The balance of Afurakani/Afuraitkaitnit people is **not** white people. The whites and their offspring (white europeans, white americans, white hispanics, white so-called “native”-americans, white arabs, white hindus, white asians, etc.), i.e., all non-Afurakani/non-Afuraitkaitnit people are not the balance of the *created* people, they are a **perversion** of a minute percentage of the *created* people. They are descendants from and carriers of a genetic and spiritual perversion which defines them and establishes their identity as physically and spiritually separate from and out of harmony with Afurakanu/Afuraitkaitnut.

Ote is a Twi/Akan term which means: *perception, recognition, understanding*. When the **Owia** (Sun) rises it illuminates what was in darkness. This is a natural process. Darkness and Light balance one another. The rising of *Owia* allows us to recognize, perceive this reality and **Esi**, the Female *Obosom* operating through the *Owia*, therefore allows us to perceive the reality of female/male balance so that we can move to execute our function in the world properly. It makes *ote*, perception, possible. An Afuraitkaitnit obaatan understands the critical distinction between darkness and blindness. **Darkness is natural. Blindness is a perversion.** An Afuraitkaitnit obaatan is not blind culturally, politically, nor spiritually. She is not blinded by darkness and she is not blinded by the light of truth. She accepts both in balance and advances.



Esi and Nyankonton (Auset and Rait)

Esi (Goddess **Auset**) wearing the red sun-disk upon Her crown. Just as the **Abosom** (Deities) engage *spirit-possession* by entering the bodies of Afurakanu/Afuraitkaitnut (Africans) via ritual, so do they *possess* greater physical bodies/entities in Creation. **Esi** *possesses* the Owia (Sun) when functioning in harmony with Her *Progenitress* **Nyankonton** (Goddess **Rait**) the Creatress of the Universe. When the Spirit of **Esi** uses the Owia to transmit Her Divine energy to **Asaase** (Earth), the light of the Owia carrying **Esi**'s radiant, expansive energy is absorbed and wielded by the Afuraitkaitnit obaatan, spiritually and physically. In this process melanin functions as a conductor. Our Ancestral **ebe** (wisdom) teaching is informed by this process:

Aakhuamuwaa ye Oboohemmaa

“Aakhuamuwaa is a Diamond”

–Aakhuamufo ebe (Aakhuamu proverb)



In **Aakhuamuman Amaruka Atifi mu**, *Akwamu Nation in North America*, **Aakhuamuwaa** represents not only the archetypical **Aakhuamu** (Akwamu) woman but also Afuraitkaitnut (African women) in essence – particularly those who have suffered and triumphed over the horrors of the **Mmusuo Kese** (*Great Perversity/Enslavement era*).

Oboohemmaa in Akan is composed of **oboo** – *stone* and **hemmaa** – *queen/queenmother*. The **oboohemmaa** (*diamond*) is thus recognized to be the “*queen of all stones*”.

Aakhuamuwaa is Oboohemmaa, because like the black carbon that formed into the stable crystal under the enormous pressure of **Asaase Afua** (Earth Mother), the Afuraitkaitnit (African) woman, the **Black (carbon/melanated/abatumm) woman – Obaatan** – by holding on to our Ancestral Culture, transmuted pressure (oppression) into **ahooden** (strength/hardness/harmonized power). Her **sunsum** (spirit) is a crystallization of this process. It describes a clarity that no other is capable of thereby making her an open/clear vessel through whom **Nyamewaa (Amenet)** and the **Abosom** and **Nananom Nsamanfo**, the *Deities and our Spiritually Cultivated Ancestresses and Ancestors*, may manifest themselves to our community.

The **oboohemmaa**, diamond, is *crystallized light which is born of darkness* projecting an unmatched clarity - emotionally, spiritually, culturally, politically. This is the nature of the Afuraitkaitnit obaatan.

The second principal value of **OBAATAN** directs us to:

BALANCE *Perpetuate that Balance in every aspect of your existence*

An Afuraitkaitnit obaatan recognizes that she does not exist as an individual separate from other created entities. You are part of a system, a whole, just as every cell within your body was created and designed to execute a specific function in your body, for the different cells are part of a whole system - you. When the cells function in harmony with their Divine design the body is healthy. When the cells malfunction, the other cells are made to suffer. When you as an Afuraitkaitnit female function according to the way you are designed, those connected to you will benefit as well. Those Afuraitkaitnit females who mal-function in the society bring suffering to their children, families, friends and other Afurakanu/Afuraitkaitnut.

Once you have internalized the reality that there is female and male balance in Creation and that this is the Divine Order of Creation, you then seek and work continuously to perpetuate that balance within yourself.

Physically, you make sure that you put the right things in your system with regard to diet for your health and well-being, and you make sure that you eliminate waste and toxins from your system on a regular basis, within a natural cycle. You make sure that you strengthen yourself through exercise and rejuvenate yourself through sleep. You make sure that you engage in **adwuma**, *work*, in order to benefit yourself and those connected to you, and you also make sure that you engage in rest/recreation. Too much water will drown you. Not enough water will leave you dehydrated. Too much food will lead to obesity, disease. Not enough food will lead to malnourishment. Overworking can lead to stress. Not working manifests laziness, disorder and deterioration of the spirit/mind. The Akan say: **Adwuma ye**, "*Work is good*". An Afuraitkaitnit obaatan is never unemployed. This is because an Afuraitkaitnit obaatan understands that she is by nature fertile with an unlimited capacity to produce. She recognizes the reality that she must always be self-employed, an entrepreneur in some capacity, whether or not she is also employed by someone else. *This is crucial for Afurakanu/Afuraitkaitnut living behind enemy lines. To neglect self-employment is to reject independence.*

Afuraitkaitnit mmaatan do not embrace the foolish notion of being dependent on the whites and their offspring. Your heart works continuously. If your heart became “unemployed” that would be the end of your existence in the physical realm. Your heart does not over-work itself, nor underperform, for either state would lead to disease. None of the extremes listed reflect an Afuraitkaitnit obaatan. It is the balance which reflects our true nature.

Spiritually, you must recognize that what you ingest affects your thoughts and behavior, in the same manner that what you physically ingest affects the behavior of the organs and organs’ systems in your body. *This is critical to understand for the Afuraitkaitnit obaatan, for what you ingest, physically and spiritually, also affects the body and spirit of the child while in the womb and when nursing during the first years of his or her growth and development.* Establishing the balance of female and male in your spirit centers on your ability to balance the watery emotions and the fiery emotions--and the various temperaments in between.

Children, scream, cry, lash-out when things do not go their way. This is because they have not yet learned and are not yet mature enough to balance the fire and water of their emotions. Adults who cannot exhibit balanced emotions are nothing more than children. Your ability to properly balance your emotional energy will greatly affect the manner in which you make decisions and the course and outcome of your life.

One foolish decision made, rooted in misguided expressions of emotion, can land one in prison or in the cemetery. This happens every day in the Afurakani/Afuraitkaitnit community. Only you can control this. Moreover, as the literal Ancestral shrine within which an Ancestor or Ancestress is drawn to take up residence and eventually be birthed into the world, your thoughts, intentions and actions continue to have a significant effect upon the child after birth.

You are a miniature Asaase (Earth) with Moons (satellites, children) who are within your orbit. Your regulation and perpetuation of balance within your thoughts, intentions and actions directly impact and influence the capacity of the children to absorb, model, emulate and replicate said regulation.

As you establish balance within the manifestations of your emotional energy you will be able to recognize the physical/mental/intellectual/spiritual assault being waged against you daily from the society of the whites and their offspring. You will therefore be able to discern, properly determine, what is truth and what is false, what you need to accept and what you need to reject. Who and what to love, be in law with, and who and what to hate. Through ritual practice of **Nanasom**, your Afurakani/Afuraitkaitnit Ancestral Religious practice, you must ground yourself.

In this process, you have balanced your body, you have balanced your emotional energy, you have balanced your spirit/mind. You have provided for the perpetuation of physical and spiritual balance for your future children. You are now capable of connecting with other individuals who have balanced themselves as well and begin the process of **Amansesew**. Again, you are part of a greater system. All *created* entities are important components of the world system and have Divinely allotted functions to execute. When you balance yourself, physically and non-physically, your natural compulsion to fulfill your role in Creation will be felt strongly and constantly. *Amansesew* is a product of this compulsion. You will recognize the reality that to exist under the rule and governance of the whites and their offspring, our enemies, is the ultimate imbalance for the Afurakani/Afuraitkaitnit **oman** (nation/community). You will thus be naturally drawn to those who are engaged or interested in carrying out all seven major aspects of what we term **Amansesew** – Nationbuilding/Restoration:

Methods of Food Production and Preservation

Methods of Curing Disease

Establishing a Military Structure; Defense; Security

Institutionalization of Values (Establishing Institutions)

Establishing Sound Systems of Governance and Jurisprudence

Construction of Homes on Acquired Land

Manufacturing of Clothing

An Afuraitkaitnit obaatan is compelled to participate in the process of Amansesew in all of these areas. These various aspects of Amansesew are governed by the *Abosom* of the seven celestial bodies as well. You will find

that there will be one or more out of the seven areas that your spirit is drawn more strongly to than all others. An Afuraitkaitnit obaatan recognizes that maturity is rooted in independence, sovereignty, self-rule. We are therefore committed to acquiring land and building a nation.

An Afuraitkaitnit obaatan balances her own body and spirit which liberates consciousness from the spiritual control of the whites and their offspring, their culture and their pseudo-religions. Once liberated, the Afuraitkaitnit obaatan then liberates the spirits of her children and those connected to her. She along with her Afurakani **obarima** (man) now have a liberated zone – their family and their home. When in connection with other Afurakani/Afuraitkaitnit adults of like-spirits, the liberated zone expands family by family, group by group, until *Amanse sew* is achieved.

The **Osrane** (*Moon* also called **Bosom**) causes the rise and fall of water levels on *Asaase* (Earth). *Asaase* is nearly 71% water. Your body is made up mostly of water as well. As the **Osrane** causes the rise and fall of water levels (tides) on *Asaase* every day, so does the gravitational pull affect your water levels on a daily and monthly basis. When your tides rise you are more watery which manifests as an inclination to internalize events and display personal feelings associated with them. When your tides fall you are more external and more aggressive because you have more fire. The swing between water and fire affects the way that you are inclined to deal with those connected to you and others. An Afuraitkaitnit obaatan recognizes the rise and fall of the tides within herself and balances her physical, emotional and mental/spiritual self with them for her own benefit and the benefit of our oman (nation). When the tides rise the Afuraitkaitnit obaatan is not given over to being full and feeling depressed, upset. She takes advantage of the deepness of the water, she goes “under”, becomes contemplative, meditates, studies, prepares herself for what she needs to build, to accomplish. She becomes **odwo**, *cool*, for the Female Obosom operating through the **Osrane** is also called **Adwoa**, the contractive Spirit-Force of the **Osrane** that brings *coolness*. When the tides fall, the Afuraitkaitnit obaatan is not given over to being misguided in her aggression. She is not dominated by frustration nor a misguided anger. Her anger is properly guided to protect herself, her children and her oman. Her fire is purificatory and propels her to build to overcome obstacles, to succeed.



Ohemmaa ye Osrane

'The Queenmother is the Moon'



Adwoa (Goddess **Esi/Auset**) and the *auset/asit* (throne) which comprises Her name. When **Esi/Auset** *possesses* the Osrane (Moon), She has the title **Adwoa**, from the root '**odwo**' meaning '*cool*' and '*cool one*', a descriptive title of the Osrane. When the Spirit of **Adwoa** uses the Osrane to transmit Her Divine energy to Asaase (Earth), the gravity of the Osrane carrying **Adwoa**'s cool, contractive, magnetic energy is absorbed and wielded by the Afuraitkaitnit obaatan, spiritually and physically.

The related term **ndwo** also means '*root*'. **When one is rooted, one is grounded.** The roots of a tree delve deep into the cool Asaase (Earth) after germination of the seed. Once the roots reach the requisite depth, the tree can send up shoots that break through the surface of the ground. The cool (odwo), roots (ndwo) in the darkness of Asaase provide the **foundation** or

throne upon which the shoots which rise, blossom and bring forth produce. This is birth of the family and the *perpetuation* of the family – the *oman* (nation). The Afuraitkaitnit obaatan is this foundation of spiritual, ritual and political **continuity**.

The third principal value of **OBAATAN** directs us to:

ARTILLERY *Acquire and develop weapons, physical and non-physical, for the absolute defense of the Order and Balance*

Every Afurakani/Afuraitkaitnit (African) individual born in America is born behind enemy lines. An Afuraitkaitnit obaatan recognizes the reality that we are engaged in a protracted war with the whites and their offspring which has continued for over 12,000 years and will continue until we make them extinct.

You have inherited a war – You were born into a war zone

In the so-called iraq war, it is suggested that over 4,000 americans died by the 5-year mark. **47,000** Afurakanu/Afuraitkaitnut in the united states alone die **every year** from smoking related cancers. That's approximately **235,000** in 5 years---nearly **6** times the amount of casualties connected to the so-called iraq war's 5-year mark. We must realize where the **real** war is. It is being waged against us. The whites and their offspring claimed to have been looking for chemical and biological weapons of mass destruction in iraq. Of course, the whites and their offspring flood our communities with cigarettes, cigars, marijuana, alcohol, crack cocaine, heroin and various other drugs. These are chemical and biological weapons of mass destruction being used by them in/as chemical and biological warfare against us.

It is estimated that approximately 500,000 Afurakanu/Afuraitkaitnut were enslaved in north america over the course of 350+ years. In reality, the numbers are 10 times that amount. Over **5,000,000** of us were enslaved in north america, while the other 95,000,000 were sent to south america, the Caribbean and europe. Millions died on the way to the dungeons and during the middle passage.

During the physical enslavement process, our Ancestresses and Ancestors were forced to work from sunrise to sunset. Most died within the first 3-7 years on the plantation. **They were worked to death.** When we look at the chemical and biological war being waged against us, we can see that our

bodies are still being **worked to death** whenever we ingest the above-mentioned substances. Indeed, more of us have died in **11 years** (over 500,000) from smoking cigarettes alone than the number of us that it is falsely claimed died during **350+ years** of physical enslavement (500,000). Today, the number of Afurakanu/Afuraitkaitnit in America addicted to/hooked on cigarettes alone is: **5,000,000**. There are just as many Afurakanu/Afuraitkaitnit whose **bodies are enslaved** by cigarettes **at this moment**, as the actual number of our **bodies/persons that were physically enslaved** over the course of **350+ years**---5,000,000.

Moreover, there is a protracted war against the **womb** of the Afuraitkaitnit obaatan. Afurakanit/Afuraitkaitnit men and women have been conditioned by the whites and their offspring to place no value on the life of a returning Afurakani/Afuraitkaitnit Ancestral Spirit within the womb and therefore contract our enemies out to murder over 300,000 of our babies in the womb via abortion every year. Nearly **20 million** Black babies have been aborted since 12973 (1973) when abortion was ‘legalized’ in the united states.

Medical experimentation, misdiagnosis of feminine health issues, especially womb-related issues prompting the encouragement of unnecessary surgeries including hysterectomies, discouragement from breastfeeding, proper diet and exercise, promotion of illicit drug use, deliberate misdiagnosis of mental/behavioral health issues by the whites and their offspring and more all contribute to the war on the Afuraitkaitnit womb, which is a war on the woman herself and on the potential return of those millions of Ancestresses and Ancestors – *our military* – who would be born to wage war against the whites and their offspring.

The whites and their offspring are murdering us, physically, at a higher rate than they did during the entire enslavement period

The war has not stopped

The whites and their offspring did not take slaves from **Afuraka/Afuraitkait**. They took soldiers, warrioresses and warriors, agriculturists, architects, physicians, and others who became **en-slaved**. These Ancestresses and Ancestors of ours were **prisoners of war**. They were

fundamentally soldiers captured in the wars of aggression, fighting to sustain our independence. We must understand that the white arab and white hindu enslaved Afurakani/Afuraitkaitnit prisoners of war centuries before the europeans were strong enough to participate. This era is often called the era of the *arab slave trade* or *indian Ocean slave trade*. Moreover, during what is called the 'tang dynasty' in china over 1400 years ago, the chinese were enslaving Afurakani/Afuraitkaitnit prisoners of war whenever they were able. This lasted for centuries. Once the europeans were able to participate, the europeans worked with the arabs, indians and asians to enslave Afurakanu/Afuraitkaitnut.

Once in america, many so-called "native"-americans enslaved Afurakanu/Afuraitkaitnut along with the europeans. **This is no wonder, being that the so-called "native"-american is not "native" at all. They are descendants of white-asians who migrated to/invaded america a few thousand years ago.** The only true native in america is the Afurakani/Afuraitkaitnit male and female, for some of our people migrated to america thousands of years before asians or caucasians existed on *Asaase* (Earth).

During the physical enslavement of our people, caucasians and asians worked together. The white arab became a middle-man/agent. He would purchase and/or capture prisoners of war on the continent and deliver us up to the caucasian in america, the Caribbean and europe. Most Afurakanu/Afuraitkaitnut in america would be forced to work on plantations. The number-one cash crop that our Ancestresses and Ancestors were initially forced to grow was not cotton. It was **tobacco** as well as **hemp** (marijuana). Therefore, millions of Afurakanu/Afuraitkaitnut were enslaved in america in order to pick tobacco as well as hemp. Today, the direct physical descendants of those white tobacco plantation owners, the so-called slave owners, still own those tobacco plantations. They still grow tobacco. It is from those same plantations that the major cigarette companies get the tobacco to manufacture their products. The descendants of the white plantation owners are the owners of the tobacco/cigarette companies.

However, when an Afurakani/Afuraitkaitnit individual goes to a gas station or convenience store he or she purchases the tobacco products (cigarettes or cigars) from the shop owner who is often arab, indian or asian. **Therefore, just as the arab, indian, and asian played the middle-man during the enslavement of our people by delivering us up as property (sources of wealth) to the white plantation owner, so are the caucasians and asians/arabs/indians working together today. We still pick tobacco, from the shelves of convenience stores and gas stations.** We enrich the caucasian plantation owners (cigarette company owners) and the middle-man, arabs/indians/asians who deliver us up to the plantation owners/corporation owners while our bodies are worked to death (via lung cancer and other diseases) at the same time. The only difference in this era is that they are murdering **more** of us, **faster**.

We must also realize that the same process also occurred and continues to occur with marijuana (hemp). We must also realize that the whites and their offspring gave our Ancestresses and Ancestors cocaine on plantations to make us work longer hours. Today marijuana is distributed in large amounts through our community by the whites and their offspring (CIA, FBI, local police and others) and foolish Afurakanu/Afuraitkaitnut who work with them. The substance crack cocaine was manufactured specifically for Afurakanu/Afuraitkaitnut by the whites and their offspring and distributed by them (CIA, FBI, local police and others) as a weapon of chemical and biological warfare against Afurakanu/Afuraitkaitnut. We must also realize that some of our Ancestors and Ancestresses were purchased for **rum** (alcohol) and were enslaved not only on plantations but forced to work in **distilleries** to produce alcohol. Today alcohol is distributed in large amounts “legally” throughout our communities. Drunkenness leads to conflict, domestic abuse, murder, car crashes, death from liver disease, reduced brain-functioning and more. The consumption of alcohol, tobacco, marijuana and other drugs is **insane** for any Afurakani/Afuraitkaitnit individual. **All** of these substances destroy our **abatumm** (melanin), poison our organs and organs’ systems **and open us to the discarnate spirits of our enemies and their influence. An Afuraitkaitnit obaatan does not get drunk, does not smoke marijuana or tobacco, does not use or sell narcotics, nor does**

she make or embrace excuses for doing so – for any excuse to consume or sell these substances is foolish.

An Afuraitkaitnit obaatan does not participate in the chemical and biological destruction of and warfare against herself and our people.

An Afuraitkaitnit obaatan participates in the waging of war against the enemy.

We must also realize that the plantation overseer, who rode around on a horse to make sure that Afurakanu/Afuraitkaitnut on the plantation were terrorized, whipped, maimed, murdered, jailed, and would not escape, still exists in the form of the city overseer, which is the overseer/officer or police officer. Police brutality is nothing new in our community, for the position of ‘officer’ began during the enslavement of our people with the plantation ‘overseer’ – the so-called ‘*slave patrol*’.

However, the **most important part of the story of enslavement** is rarely told. As stated in our work: **MATE MASIE**:

*“...Yet, it is a grave error to believe that Afurakanu/ Afuraitkaitnut (Africans) accepted slavery. It is estimated that 50,000+ Afurakanu/ Afuraitkaitnut (Africans) per year during the centuries of physical slavery freed themselves. Liberation from slavery took many forms. The most important being the example of the **akofo** (warriors and warrioresses; sing. *okofo*) whom are often referred to as “maroons” (runaways) and “outliers”.*

Those of us who held on to our Ancestral traditions are those who liberated ourselves from slavery and went on to build sovereign, independent nations not far from the plantations. We established the fundamental institutions of nationhood in our new environment: Food production and preservation, healing practices, a military structure, cultural instruction (institutionalization of values), government, building of shelter, production of clothing. When the white slavers would come to attack these independent Afurakanu/ Afuraitkaitnut (Africans), attempting to drag them back into slavery, they came into contact with a formidable Afurakani/ Afuraitkaitnit (African) military. In many areas we fought wars against the white slavers for decades. During these times, the liberated, independent Afurakanu/ Afuraitkaitnut (Africans) would descend on the plantations, burn them down, kill the slavemaster and the members of his household and

liberate our Afurakani/Afuraitkaitnit (African) brothers and sisters who were still enslaved on the plantations. We would then return to the liberated zone in greater numbers.

In South America, Central America, the Caribbean and the United States there were enough military successes by the akofo, that the whites in government would eventually ask us for truces and would propose peace treaties. It is because the whites and their offspring, after having fought against the “unburnable” Afurakanu/Afuraitkaitnut (Africans) for years, realized that we would never “break”. They also recognized the threat that the akofo (warriors and warrioresses) or “maroons” posed to the entire evil institution of slavery. They feared that all Afurakanu/Afuraitkaitnut (Africans) would eventually join with the okofo nations and wage a war against the white race with the goal of completely exterminating the whites. This took place on a brilliant scale in Haiti, and to a lesser degree in other regions.

This is the trustory behind the whites being forced into abolishing physical slavery. Afurakanu/Afuraitkaitnut (Africans) endured the most heinous crime in the trustory of the world because we held on to our Ancestral traditions. We opened ourselves up to the guidance of our Ancestresses and Ancestors, and the Deities through ritual, and we were guided and empowered by Them to overcome our enemies....”

Every Afuraitkaitnit obaatan recognizes the reality that every time she steps out of her front door she has stepped into a war zone. You are a target, for the war against the white slavers has never ended. **The prison system is no different than the large ships of enslavement within which we were shackled and held.** They seek to fill these concrete holding cells/ships with us for their benefit and to our detriment just as they sought for hundreds of years, non-stop, to fill the sea-going vessels/ships of enslavement with us for their benefit and to our detriment. They seek to increase the female prison population yearly by various means, including the population of females giving birth to children in prison.

The policy of the whites and their offspring with regard to Afurakanu/Afuraitkaitnut has always been and continues to be to 1) *increase our death-rate* and 2) *decrease our birth-rate*. For those who escape this primary policy initiative the goal is to *increase our incarceration-rate* and *increase our addiction-rate*. For those who escape this initiative the goal is to *increase our*

spiritual incarceration-rate through teaching pseudo-religions and to *increase our spiritual addiction rate*.

Akode means *arms, armaments, artillery, weapons; things of war*. The planet **Abenaa** and the Female *Obosom* operating through that planet is the same Spirit-Force operating through/as your **lymphatic system**. The root of the name **Abenaa** is **ben**, which means *to become red by boiling; hot; fiery*. The energetic effect of **Abenaa** on your body is the stimulation of your lymphatic response. Your lymphatic system's success is dependent on the proper, balanced levels of iron in your blood. **Abenaa** uses iron (arms, weapons) to wage war against cancerous cells in your body. Your lymphatic system is the *law enforcement structure* within your being. It is **always** in operational mode. Every moment of every day and night, the lymphatic system cells constantly seek out and destroy cancerous cells, *the internal threat to our existence*, and toxins streaming in from the outside, *the external threat to our existence*.

The Afuraitkaitnit obaatan recognizes the reality that there are always internal and external threats to our community in operation at all times. The whites and their offspring, their culture and their pseudo-religions are the external threat. The misguided Afurakanu/Afuraitkaitnut who embrace the whites and their offspring, their culture and pseudo-religions are the internal threat. **The Afuraitkaitnit obaatan recognizes both threats and eradicates and neutralizes them accordingly.**

Every time you leave the house, go into a store, drive a car, go into a school, move within a neighborhood, you must be conscious, aware, that an incident can arise at any moment. The decision you make can determine whether you or your children are imprisoned, murdered or protected. You must arm yourself with the weapons that are suitable to your spirit. Metal armaments, chemical and biological armaments, mental/intellectual armaments, spiritual/psychological armaments are all necessary components for our defense and offense, for the whites and their offspring continuously launch offensive after offensive against us physically, chemically (including the creation of diseases), mentally/intellectually and spiritually/psychologically.

An **okofowaa** (warrior) must know her terrain. She must know who, what and where her resources are. She must know the possible dangers existing at all times and operate with Intelligence.

When in a war, the two most important goals of the *okofowaa* while protecting her people is 1) **to exterminate the enemy** and 2) **to avoid being murdered or captured by the enemy while protecting her children in concert with the Afurakani obarima**. This is essential for the reestablishment of sovereignty (self-rule) and the maintenance of sovereignty. It is wholly unnatural for Afurakanu/Afuraitkaitnut to exist under the rule of anyone other than ourselves. **It is wholly unnatural to exist under the rule of our enemies.**

Akode on every level are necessary to realize these goals. The destruction of the enemy is the preservation of the just and the defense and maintenance of **Nyamewaa-Nyame Nhyehyee**, The Divine Order, the balance of female and male. It is the defense and protection of what we have built, the Divinely Ordered institutions that we have established. It is the absolute protection of our children, women and men, our honorable Elders and Elderesses, our families, our relations, our *oman*, our ethnicity. This is what we live for. We give our lives to, through and for **Nyamewaa-Nyame Nhyehyee**.





Abenaa is also called **Sekyima** (seh-chee'-mah) in Akan. This is her exact same title **Sekhmet** (seh-chee'maht) in ancient Khanit and Kamit. **Abenaa** as **Sekyima/Sekhmet** is the Warriress Obosom (Goddess). Yet, she also governs **menstruation**. **Sekyima** thus spills blood through warfare and also spills blood through the sacred cycle called **obra** and **asekyima** – the menstrual cycle.

The *priests* and *priestesses* of **Sekhmet** in ancient Kamit are called **Sunut**. This term is also used for *physicians*.

Abenaa as Sekhmet is thus a Divine Killer and a Divine Healeress

She destroys disorder and kills its purveyors for the preservation of the Divine Order. This is carried out within the body through the lymphatic system and within the communal body through policing and healing functions – *the communal lymphatic apparatus*.

The preservation of Divine Order within the body and the community is predicated upon the eradication of the viral agents, bacterial and human – physical and non-physical. This eradication is predicated upon the acquisition of artillery in variegated forms. Cancer cannot be left on its own to metastasize. Cancerous cells, ideologies and individuals and groups must be proactively sought out and eradicated.



TANENET



A major **Ntorot** (Goddess) of Motherhood and Protection, Childbirth and Rebirth as depicted in Kamit. **Tanenet** is shown wearing a symbol of the **ata**, *com's uterus structure*, on her head. She governs the **cervix** component of the uterus structure which facilitates conception, protects the child during pregnancy and facilitates delivery. The cervix also facilitates menstrual flow. When wearing the crown of the **mut**, *vulture*, **Tanenet** functions as the protectress of the family. She facilitates the conception, protection and delivery of a returning Ancestral Spirit into the womb to be born as a child. She also facilitates the 'birth' of Ancestral Spirits into the world through the menstrual cycle. These Ancestresses and Ancestors become guardian Spirits of morality for the child from birth through adulthood. **Tanenet** is thus the teacher of the young Afuraitkaitnit female who will grow up to be **obaatan**, woman, sovereign of herself, her function in Creation, her morality and her domain. **Tanenet** is also the wife of the **Ntoro** (God) **Mentu**.

Tanenet is the Matron **Ntorot**, the **Abusuabosom**, of **OBAATAN**.

The fourth principal value of **OBAATAN** directs us to:

ASCRIBE *Continuously ascribe the values of Divine Order to every thought, intention and action*

What separates the Afuraitkaitnit obaatan from the Afuraitkaitnit **oba** (child) is the **decision-making process** by which the Afuraitkaitnit obaatan regulates her thoughts, intentions and actions and the consistency with which she engages that process. You have inherited **Amammere**, you have inherited *Afurakani/Afuraitkaitnit Ancestral Culture*, a particular way of operating in the world connected to and based upon your spiritual and genetic make-up. Your *ammere* manifests in the form of urges, compulsions, intuitions and more. **There are certain activities, thoughts, intentions and actions that you are naturally, spiritually averse to. Things that are naturally repulsive to you, because these thoughts, intentions and actions are contrary to your nature as Afuraitkaitnit.**

As part of a Divine Whole, **Amen-Amenet** (The Supreme Being), as a created cell within the Great Divine Body of **Amen-Amenet**, you are part of a system. You have a role to play, just as every cell in your body is part of a greater system (you) and has a role to play. Your decision-making process must be a reflection of your position in this system, in Creation. It is through **respect** that we are empowered to **ascribe** the proper value to every thought, intention and action. Your decision-making process must lead you to *operationalize* **respect** in the true sense, the Afurakani/Afuraitkaitnit sense. To respect, is to **re-spect** or **re-view**. The root of the term **spectate** (to look at) as well as **inspect** (to look in-to) is **spect**. To re-spect is to re-view or re-look, re-assess some thing, entity and/or event. It is to recognize the proper place of all created entities and events in Creation and to harmonize yourself, in every thought, intention and action with Divine Order continuously – for the rest of your life. This is your responsibility as an Afuraitkaitnit obaatan. Children must grow into this responsibility. For the full-grown Afuraitkaitnit obaatan, this responsibility is just as essential as eating and sleeping.

If the cells in your body decided to stop playing their *respect-ive* roles and began to engage in other kinds of behavior, you would become ill. Disease would

set in. The cells in/of your body constantly and continuously assess their situation and make the proper moves/motions. When missteps occur, there are cells/systems/organs within the body (such as those of the lymphatic system) which engage in correction. The cells instinctively and consistently ascribe the values of Divine Order to their operations. This maintains the integrity of the organism and thus the health of the body.

As an integral part of a Divine System, a Divine Whole, and of an *oman* (Afurakani/Afuraitkaitnit nation), and of an ethnic group, and of a family, you must constantly and consistently assess your situation at each moment in time and make the proper moves/motions/judgments. You must ascribe the values of Divine Order to your thoughts, intentions and actions with/through respect. When missteps occur, genuine missteps, you must engage in the cultural processes whereby those missteps are corrected – for the good of the whole. When foolish missteps occur because of your own conscious negligence or rejection of your role in the system, **you must recognize the reality that you must and will suffer the consequences of your actions.**

Forgiveness is not part of Afurakani/Afuraitkaitnit Ancestral Culture, for this concept is not functional in Creation.

Every cause has an effect. Every effect has a cause. Everything that you do has consequences. Consequences are inescapable. It may appear that some have escaped certain consequences temporarily. However, they will through a process be confronted with the consequences streaming directly from their actions. The notion of turning the other cheek is insane, self-destructive and a manifestation of extreme immaturity. This is the reason why this foolish idea is promoted by the whites and their offspring in their fake-religions. **It is a means by which they maintain the spiritual and physical enslavement of Afurakanu/Afuraitkaitnut.**

Afuraitkaitnit females are not ‘more forgiving by nature’. This is **eurocentric dogma** forced upon our culture by design for the purposes of destabilizing our families. ‘Forgiveness’ leads to forced-acceptance of self-destructive behavior as well as forced-acceptance of destructive behavior by

others including: child abuse, sexual abuse, physical abuse, verbal abuse, drug abuse, various expressions of immorality. An Afuraitkaitnit obaatan recognizes the reality that Divine Order is rooted in Cause and Effect. An Afuraitkaitnit obaatan recognizes that we do not have the time nor the foolish “luxury” of engaging in foolish, self-destructive, criminal behavior nor accepting such behavior from those who we are connected to, while hoping/praying that we will escape the consequences. The immediate consequences for the community are apparent. People are poisoned when they purchase and use drugs sold to them by one in their own community. This leads to crime, incarceration, death, murders, job-loss, abuse of family members, friends, community members. Families suffer when women and children are physically abused. Not only do the women and children suffer, but the Afurakani male ultimately will suffer the same violence in some form as well as possibly being incarcerated, maimed and/or killed. **In reality, when an Afurakani male unjustifiably inflicts violence upon anyone in the Afurakani/Afuraitkaitnit community his own punishment in the form of physical attacks upon him, incarceration and/or death is well-deserved. He has become an enemy to the Afurakani/Afuraitkaitnit community and deserves to be treated like the enemy.**

Ultimately, the consequences of Afurakanu/Afuraitkaitnut engaging in criminal behavior and ‘forgiving’ criminal behavior by those in our families and those connected to us keeps us mired in disorder, keeps us from focusing on self-rule, and keeps the whites and their offspring in control. This is precisely why they promote criminality in our community as something to be “proud” of. This is insane. It is the promotion of insanity. To inflict wounds on your community and to accept and ‘forgive’ infliction of said wounds is just as insane as stabbing yourself and being proud of it, for you are an integrated component part of the community. *What you do to the community and accept from the community – those Afurakanu/Afuraitkaitnut who are truly connected to you – you do to and accept for yourself.*

The difference between an Afuraitkaitnit obaatan (woman) and an Afuraitkaitnit female is the manner in which she arrives at decisions, which is rooted in a timeless process. Each step of the seven-step decision-making process of **NYANSAPO** is governed by one of the *Abosom* that govern the

solar, lunar and planetary bodies that govern the seven-day week. We therefore have the input and support of the Forces of Nature in every decision that we make. This makes our decision-making process sound, whole and a manifestation of true **nyansa**, wisdom.

The planet **Akua** is closer to the *Owia* than others and has the shortest orbit. It therefore moves quickly around the *Owia*, picking up the emanations/energy of the *Owia* and constantly projects them, transmits them, out into the solar system affecting/informing the other celestial bodies in the process.

The planet **Akua** and the Female *Obosom* operating through that planet is the same Spirit-Force operating through your **renal system** whose major organ is the kidneys. Your renal system functions as an excretory system and detoxifier of the blood, yet also as the system which regulates electrolyte-balance/mineral-balance and fluid-balance/water-balance in the body. The regulation of the fluid-balance and electrolyte-balance is **nourishing** while the excretion of waste and detoxification of the blood is **restorative**.

The energetic effect of **Akua** on your body – nourishment and detoxification for the establishment and restoration of balance – is the ascribing of the values of Divine Order, through respect, within the body so that the cells can make proper decisions. This is the same process to be stimulated in your spirit/mind through an interconnected decision-making process.

The decisions you make determine the course of your life. It is only through this interconnected decision-making process that you as an Afuraitkaitnit obaatan can ascribe the values of Divine Order to every thought, intention and action through re-spect.

NYANSAPO

(Decision-making process)

Aware	<i>Be aware of yourself as descendant of Afurakanu/ Afuraitkaitnut</i>
Focus	<i>Focus on the situation and how it relates to you as an Afurakani/ Afuraitkaitnit person</i>
Ultimatum	<i>Make your final decision rooted in the knowledge of what is right</i>
Requirements	<i>Recognize what is necessary, physically and spiritually, in order to carry out the decision</i>
Act	<i>Carry out the decision</i>
Keep	<i>Keep focus on the validity of the decision</i>
Attest	<i>Take ownership of the decision, your behavior and the result</i>

Remember the first letter of every step, remember **AFURAKA**, and you will remember how to make proper decisions.





Akua as **Nebt Het** in ancient Kamit. The *vessel* sitting atop the *ritual enclosure space* which makes up Her headdress designates **Akua** as the *Divine Couriers*. **Akua** carries our *ritual offerings* to the **Abosom** and **Nananom Nsamanfo**, Deities and Honorable Ancestral Spirits, and returns their dispensation of energy (“blessings”) to us. The vessel is in the shape of the kidney, the *vessel* of the renal system which provides nourishment and functions to excrete waste for the regulation of balance in the body. It is also the vessel regulating our **emotional balance** – what we carry upon our ‘heads’. The energetic projections of physical and non-physical entities, as well as positive and negative conditionings based upon life experience, contribute to our emotional stability. **Akua**, through **respect** – *ascribing the values of Divine Order to every thought, intention and action* – purifies our emotional output and thereby sustains our emotional balance. She is the *Mistress (Master)* or **Nebt** of this *ritual space/enclosure* or **Het**.

Urit-ḥekau 

Urit Hekau or **Wrt Hekau** is a title of **Nebt Het** as *Mistress of Divine invocations*. This title continues to be used today in Akan culture. **Awuraakua** is **Awura Akua** (Wrat Hekau), a title of the *Obosom Akua* defining Her function as *Governess of ritual invocation*.

The fifth principal value of **OBAATAN** directs us to:

TRANSFORM *Transform your inner-vision in order to make proper judgments in life and achieve individual womanhood*

When an Afuraitkaitnit female recognizes **Nyamewaa-Nyame Nhyehyee**, Divine **Order**, which manifests throughout Creation as the balance of female and male; when she perpetuates that **Balance** in every aspect of her existence; when, once she has perpetuated that Divine Balance within herself, in her home, in her relationships, in her family, and her circle, she acquires the **Artillery** on every level for the absolute defense of the Order and Balance; when she continuously works to **Ascribe** the values of Divine Order to her every thought, intention and action, the Afuraitkaitnit female is then poised to cross the threshold of **obaatan**, womanhood, on the individual level.

The tools that the Afuraitkaitnit female has so far developed and internalized are necessary and sufficient for her to survive and thrive within any situation or condition wherein she finds herself at any moment in time. At the same time, new situations and problems will confront her and her people that have no precedent and old situations/problems which have never been addressed sufficiently nor resolved will resurface. As life advances we move into different cycles that are governed by different configurations of Forces.

These different cycles require that we utilize our thoughts, intentions and actions in new but proper ways to confront and overcome the new obstacles. These different cycles also provide us an opportunity to resolve problems with a rejuvenated spirit that were left unresolved by previous generations.

The Afuraitkaitnit obaatan is thus one who transforms her inner-vision in order to make proper judgments in life. The Afuraitkaitnit female then crosses the threshold of obaatan when she recognizes that transforming her inner-vision allows her to participate in the process of setting the precedents for overcoming new obstacles and bringing resolution to those problems which had been left unanswered.

One may contract a disease and use her knowledge and awareness to re-establish balance/health to her body. She draws on the knowledge she has gained and the precedents that have been set to affect the cure. She may cure others as well with the time-tested method. *However, one may move into a new environment and come into contact with toxins that have never been encountered before.* There is no precedent set for establishing a cure for the new disease patterns that develop. The Afuraitkaitnit obaatan must be able to confront the new challenge and overcome it. She must transform her inner-vision in order to make proper judgments. This means that in order to be obaatan, the Afuraitkaitnit female must invoke her intuition, her insight, which is rooted in her **Okraa** (aw-krah'-ah), her Soul, her Divine Consciousness (a “drop” from the “Ocean” of the Soul/Divine Consciousness of **Nyamewaa-Nyame**). When the Afuraitkaitnit female invokes her **nhumu**, her *insight* or *inner-vision* – the **ani** (eye) of her *Okraa* (Soul) – she recognizes the manner in which she must apply her intelligence-gathering process to confront and overcome new challenges that will confront her and her people.

The Afuraitkaitnit obaatan must also invoke her **nhumu**, her insight, in order to resolve problems that have been left unresolved in our *oman* (nation) - **those problems that have kept us stagnant, ill, self-destructive and dependent.** The invocation of *nhumu* is an act of **independence**, of maturity, for it establishes for the Afuraitkaitnit female the reality that her consciousness is directly connected to the Divine Consciousness of **Nyamewaa-Nyame**. This means that there is no problem that cannot be solved. There is no obstacle that cannot be overcome. As Afurakanu/Afuraitkaitnut, we have the capacity to see the consequences of misguided ideas and change course:

- 1) **before** we create a major problem or exacerbate an existing one and
- 2) **after** we have found ourselves in a negative situation and are seeking a way out.

Nhumu, insight/inner-vision, gives the Afuraitkaitnit obaatan the capacity to ‘rescue’ herself, before something negative has a chance to take shape.

One can have an intuition about walking down a certain block at a certain time. The intuition directs her to change course and take a different path to her destination. Later that evening, the individual learns that there was a fatal shooting on the block that she was directed by her *nbumu* not to walk down.

Such an example demonstrates that the Afurakani/Afuraitkaitnit individual has the responsibility to awaken his/her *nbumu* – his/her Divine perception (**ohu**) inherited from **Nyamewaa-Nyame** through his *Okra/Okraa*. **It is an act of maturity.** It is incumbent upon the Afuraitkaitnit female to be able to perceive the dangers around the corner, large and small, physically, emotionally, culturally, politically, economically, spiritually and take **preventative** measures for herself and her children. In the same fashion, the Afuraitkaitnit obaatan must be able to invoke her *nbumu* when others in the community have failed to do so. When societal problems plague the community and the community has not moved to solve the problems, it is incumbent upon the mature Afurakanu/Afuraitkaitnit (Africans) to engage in **intervention**, to invoke their *nbumu* in order to perceive the underlying causes of the problems and eradicate them completely, finally restoring balance to our lives.

Ohu (knowledge, perception) and **Nhumu** (insight, inner-vision) are messengers of **nokware**, *truth*, within the Afuraitkaitnit obaatan. It is our adherence to *nokware*, through *nbumu*, that will solve our inherited, present, and future/potential problems, for *nbumu* attunes us to the reality of **MMARA NE KYI**, Divine Law and Divine Hate, the Two Poles of Divine Order. **Through Divine Law and Divine Hate we learn who and what to accept (be in law/love with) and who and what to hate, to reject. Nhumu leads to proper judgment. The Afuraitkaitnit obaatan recognizes the reality that judgment is wise – only misjudgment is unwise. Proper judgment is the hallmark of maturity.**

The perversion or suppression of *nbumu* sets us up to be dominated by the perverse views/beliefs of our enemies. When we lack *nbumu*, insight, inner-vision, we lose direction. We then make misjudgments. This is **blindness** in the true sense. The whites and their offspring understood this reality and therefore moved to blind us to *nokware*. This resulted in the misdirection of

the immature amongst us generation after generation. The greatest means by which we have been misdirected into blindness is via the corruption, by the whites and their offspring, of our Afurakani/Afuraitkaitnit Ancestral Religion.

An Afuraitkaitnit obaatan exercises *nbumu* which instantly awakens her to the reality that Afurakani/Afuraitkaitnit Ancestral Religion is the only Religion that has ever existed and that ever will exist. It is through the ritual practices of our **Nananom Nsamanfo** (Honorable Afurakani/Afuraitkaitnit Ancestresses and Ancestors) that we incorporate Divine Law and it is through these ritual practices that we exercise Divine Hate thereby restoring Divine Balance to our lives. Afurakanu/Afuraitkaitnut, being the only *created* humans on Earth, inherited ritual practices from **Nyamewaa-Nyame** through the agency of the *Abosom*, the Spirit-Forces in Nature. As we incorporated the lessons of how to harmonize our thoughts, intentions, actions, bodies, and spirits with Nature, the Divine Order, we developed protocols and institutions to preserve and transmit this knowledge. Once Afurakani/Afuraitkaitnit females and males became and become of age, when they are ready to cross the threshold into womanhood and manhood, their *obu* and *nbumu*, knowledge, perception and inner-vision, insight, is provoked ritually so that they can experience and insperience the *nokware*, truth of the Created Order of **Nyamewaa-Nyame**, through connection with the *Abosom* and *Nananom Nsamanfo*. This process allows them to internalize the protocols, the culture, *amammere*, inherited from their *Nananom Nsamanfo*.

We **worship** (word-ship; ship/send words, vibrations to) the **Abosom** in order to *provoke* Their Divine Energy and Consciousness, so that we can receive it, internalize it and utilize it to harmonize ourselves with Divine Order...So that we can create and live good lives.

The whites and their offspring moved to misdirect Afurakanu/Afuraitkaitnut from the worship of the *Abosom* to the insane worship of white people and their foolish ideas. Only the immature within the Afurakani/Afuraitkaitnit population ever fell for such misdirection. This has continued for centuries amongst the immature. **However, it ends now. It ends with**

Afurakanu/Afuraitkaitnut who have invoked and exercise proper *nhumu*.

All of the pseudo-religions of the whites and their offspring are perverse and are to be rejected by all Afurakanu/Afuraitkaitnut. This includes: christianity in all of its forms, islam in all of its forms, judaism, hebrewism, moorishism and rastafarianism in all of their forms, hinduism in all of its forms, buddhism in all of its forms, taoism in all of its forms, pseudo-‘native’ american spirituality in all of its forms, ‘new age’ pseudo-spirituality and pseudo-esotericism, extraterrestrialism, atheism, drug-addict ‘spirituality’, sex-cult ‘spirituality’ in all of their forms, and all other non-Afurakani/non-Afuraitkaitnit ideologies and practices in all of their forms.

Nhumu will prove to you that jesus never existed. yeshua ben pandira never existed. mooses never existed. abraham, isaac and ishmael never existed. muhammed never existed. solomon, sheba and menelik never existed. buddha never existed. brahmin and the devas and devis never existed. yahweh/jehovah and allah never existed and are corruptions of titles of deities who do not represent the Supreme Being. None of these characters ever existed of any race or in any form whatsoever. They are absolutely fictional.

When you study the **trustory (true-story) of our Ancestresses and Ancestors in Ancient Khanit/Keneset and Kamit (Nubia and Egypt), you will find out how the whites and their offspring, after having waged and lost wars against the Afurakanu/Afuraitkaitnut in Kamit for over 4,000 years, finally gained control of the Northern part of Kamit over 2,000 years ago. The whites and their offspring learned of religion for the first time after having invaded our lands. It was then that they decided to corrupt the information and images associated with our religious practice in order to manufacture fake religions with white gods. It took the whites and their offspring hundreds of years and numerous wars to finalize the perverse pseudo-religions mentioned above. These wars continue today, as they continuously attempt to force these fake religions upon Afurakanu/Afuraitkaitnut all around the world.**

The pictures below are of some of the images of *Abosom* (Deities) depicted in Kamit thousands of years ago---before the white invasions. The **names** of These **Spirit-Forces in Nature** Who operate through the Sun and Moon (**Heru, Khensu and Tehuti**) the River (nile river - **Hap Meht**) and the innermost core of the Sun and Earth (**Ptah**) were corrupted by the whites and their offspring. The **corrupted names** were then **attached to sculptures of white males who were then re-presented to us as ‘prophets’ or the ‘supreme being’**. The whites and their offspring had thus manufactured images of white males and fake gods who never existed and gave them corruptions of names from Kamit, and fictional life stories and character traits. Major examples of the actual *Abosom*, actual Spirit-Forces in Nature, and the corruptions:

Khensu and Heru – corrupted into *yensu, yeshu, hensu, hesus*, and *jesus*

Tehuti has the titles: **Maakher** – corrupted into *moshe/ mooses*, **Aprehui** corrupted into *aprehuim, abrehuim* and *ibrahim/ abraham*, **Habui** (ibis bird) corrupted into *habweh, yahbweh, yahweh*; **Iah** (Moon) corrupted into *jah*

Hap Meht, is the water (**Mu**) of the Nile (**Hap**) of the North (**Meht**). His title **Muhapmeht** was corrupted into *muhammed*

Ptah was corrupted from *putah* into *buddha*.

Ra as Ra Ur: Ra the Great God, was corrupted from **Ur-Ra** to *ul-lah, allah*.

None of the mythical characters *jesus, yeshua, mooses, abraham, muhammed, buddha*, or *allah* existed, not white or black. *allah, yahweh, jah, brahmin*, and others are perverse titles added to make-believe ‘gods’ who are given voice in the false ‘scriptures’ of the whites. In reality, whenever it is said that ‘god’ is speaking in the scriptures, it is nothing more than the voice of the white criminals speaking through the foolish doctrine being propagated by the book.



Khensu



Heru



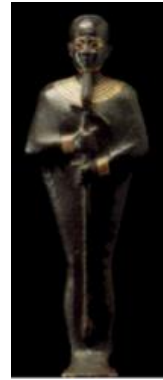
Tehuti



Hap Meht



Ra



Ptah

An Afuraitkaitnit obaatan is not a christian, muslim, hebrew, jew, moor, rastafarian, hindu, buddhist, kabbalist, new-age pseudo-spiritualist, taoist, atheist, pseudo-“native”-american spiritualist or any other non-Afurakani/non-Afuraitkaitnit pseudo-religionist or spiritualist.

You cannot accept nokware – truth – while at the same time accept the deliberate perversions of your own Afurakani/Afuraitkaitnit Ancestral Religion forced on us by the whites and their offspring. It is an insult to your intelligence, to your Okraa (Soul), to Nyamewaa-Nyame, the Abosom and your Nananom Nsamanfo, to reject Nyamewaa-Nyame Nhyehyee, Divine Order, simply to follow the foolish disordered,

perverse doctrines of the enemy – caucasians, asians, indians, and pseudo-native americans.

An Afuraitkaitnit obaatan does not follow the enslavers, an Afuraitkaitnit obaatan follows nhumu which ties us to one another as Afurakanu/Afuraitkaitnut, to the Abosom, the Nananom Nsamanfo and Nyamewaa-Nyame – only.

The planets **Yaa** and **Aaba** are the twin ‘ice-giants’ encompassing the orbits of all other planets around the *Owia* (Sun). Their field of operation is thus all-encompassing. They can ‘see’ and ‘feel’ all that is taking place within the solar system. They can also ‘see’ and ‘feel’ what objects, entities are seeking entry into the solar system. The roots of the names **Yaa** and **Aaba** are **yaa** meaning *to attack, rebuke; pain* and **aba** or **baa** meaning *to open; to strike*. These names and their root meanings are identical in the Akan language and the language of ancient Khanit and Kamit from which Akan is derived. **Yaa** and **Aaba** work together as **Protectresses of Royal Sovereignty**. They relentlessly assail and strike against disorder and bring **pain** and **punishment** to those who circumvent or undermine Divine Order. The energetic effect of **Yaa** and **Aaba** upon your body is the stimulation of your bronchial tree within the heart-lung complex. Oxygen and electromagnetic energy drawn into the lungs and constantly expanding and contracting via the bronchial tree, in concert with the heart, generates our electromagnetic field or magnetosphere. Our magnetosphere is akin to the magnetosphere surrounding *Asaase* (Earth). The magnetosphere or **khaibit** (aura) extending beyond the physical body allows us to *perceive, see, feel* the **projections** of others. These emotional, mental and sometimes physical projections are *expressions* of their thoughts, intentions and actions. We thus have the capacity to attune to them, see and feel them, and respond by accepting or repelling them. Our response is a measure of our sovereignty over ourselves. Proper judgment is the hallmark of maturity.

The planet **Yaw** (**Aberaw**) is the largest of the planets in the Solar system. It has the greatest weight. In Akan culture one who has courage is said to be **akokoduru**, meaning his chest (*akoko*) is heavy/has weight (*duru*). This means that the man has *heart*. The title **aberaw** describes one who is *brave* in

Akan culture. One who relentlessly challenges disorder and who never compromises on the truth. The *nhumu* that they have into *nokware* does not allow them to deviate from what is right and proper. In fact, a **mmrane** (praise name or “nick” name) of a male born on **Yawda** (Thursday) in Akan culture is **Barima** (obarima). The energetic effect of **Yaw** on your body is the stimulation of your cardiovascular system. **Yaw** gives you “heart”. The heart begins to pump rapidly in order to send enough blood to the areas that need it when engaged in a battle. In the same manner the Male *Obosom Yaw*, in harmony with the Female *Abosom Yaa* and **Aaba** who are the Female *Abosom* governing the planet **Yaw**, provokes you to exercise your will and redirect your energy to the places, people and events that need your *nhumu*, inner-vision/insight, to challenge disorder relentlessly, overcome unresolved issues and new obstacles. It is through this process that you actualize your maturity by developing the ability to make proper judgments consistently. You have now become **obaatan** on an individual level.

For details on the abovementioned Abosom (Deities) and the fictional characters of the bible, quran, talmud, download our publication and mp3:

KUKUU-TUNTUM The Ancestral Jurisdiction

www.odwirafo.com/kukuutuntumpage.html





Yaa and **Aaba** titles of **Wadjet** and **Nekhebet** in Kamit and Akan are shown in their female forms wearing the serpent and vulture headdresses, as well as in the form of the serpent and vulture on the forehead of the sovereign.

Yaa and **Aaba** are the tutelary *Abosom* of Northern and Southern Kamit. **Yaa** (**Wadjet**) governs the North and foreign affairs and **Aaba** (**Nekhebet**) governs the South and domestic affairs. They are the feminine forces governing the northern and southern poles of the magnetosphere of *Asaase* (Earth) and our bodies. They regulate Order by protecting against external threats and internal threats/enemies, foreign and domestic, to the body (viral and cancerous agents), to the community/nation (the whites and their offspring and Black criminal agents of the whites) and the spirit (spiritual projections of the whites and their offspring and internal false conditionings).

The ‘third-eye’ positioning of **Yaa** and **Aaba** upon the brow of the sovereign informs our process of transforming our inner-vision in order to make proper judgments in life. This is also shown with **Yaa** and **Aaba** protecting the Eye of **Yaw** – **Wadjet** and **Nekhebet** protecting the Eye of **Heru**:



The sixth principal value of **OBAATAN** directs us to:

ATTUNE *Participate fully in the Divine Order of Creation via marriage: attune yourself to the Afurakani male who is your balance*

Once an Afuraitkaitnit female has become obaatan she is then qualified and has the responsibility to participate fully in the Divine Order of Creation via marriage through attuning with the Afurakani male who is her balance.

As an emanation of **Nyamewaa** (Goddess), the Afuraitkaitnit obaatan can only be balanced out when she connects with the emanation of **Nyame** (God), the Afurakani **obarima**. When an Afuraitkaitnit obaatan is fully developed, actualized as obaatan, what she has become is a fully developed **half**. When the Afurakani obarima is fully developed, actualized as obarima, what he has become is a fully developed **half**. The two halves must at some point come together in order to comprise the whole, just as **Nyamewaa** and **Nyame** are united as The Supreme Being – the Two Great Halves of the Divine Whole.

The Afuraitkaitnit obaatan attunes with the Afurakani obarima in order to properly execute her **nkrabea**, Divine function/mission---the function she is given by **Nyamewaa-Nyame** to execute in the world. The union of obaatan and obarima is the crystallization of the first principal value of **OBAATAN** and **OBARIMA**: *Recognize the Divine Order of Creation: the Balance of female and male*. It is a re-enactment and replenishment of the first act of Creation, the Union of **Nyamewaa-Nyame** – our Greatest Ancestress and Ancestor. The union of obaatan and obarima brings a balance to the spirit that can only be experienced. It allows both individuals to connect with **Nyamewaa-Nyame** in a balanced and whole fashion and on a regular basis.

We must recognize that when we have children we are bringing Afurakani/Afuraitkaitnit Ancestresses and Ancestors back into the world. These Elderesses and Elders, ancient Spirits, operating through the bodies of newborns, are totally dependent on us and our direction. They are dependent on us to cultivate them in a balanced fashion. We cannot recognize the Divine

Order of Creation, the Balance of female and male, without having at some point fully participated in this condition – physically and spiritually.

Awaree (ah-wah'-ray), the term for *marriage* in Akan culture, is a vehicle of spiritual renewal for the Afuraitkaitnit obaatan and Afurakani obarima, and also a vehicle of purification for the return of our *Nananom Nsamanfo*.

It must be noted that both obaatan and obarima must be committed to fully operationalizing the institution of *awaree* for the spiritual function of *awaree* to be realized. When one or both parties cease to, or refuse to utilize the sacredness of *awaree* for its intended purpose, the union is no longer functional. Afurakanu/Afuraitkaitnut created and institutionalized *awaree*, yet Afurakanu/Afuraitkaitnut also created and institutionalized **awaregu**, *divorce*. Exercising proper *nbumu*, allows the Afuraitkaitnit obaatan to make the right choice when considering *awaree*. However, if it is found over time that the wrong choice was made, the *nbumu* of the Afuraitkaitnit obaatan will direct her to the dissolution of the union in harmony with Divine Order.

Only the Afuraitkaitnit woman can balance out the Afurakani man. Only the Afurakani man can balance out the Afuraitkaitnit woman. An Afuraitkaitnit female would pollute her body, her spirit and our community, living and deceased/Ancestral, if she were to embrace a non-Afurakani male. An Afurakani male would pollute his body, his spirit and our community, living and deceased/Ancestral, if he were to embrace a non-Afuraitkaitnit female.

Just as it is insane to ingest poison, it is anti-Afurakani/anti-Afuraitkaitnit to embrace the whites and their offspring on any level whatsoever, for this would be to embrace spirits of disorder. **Afurakanu/Afuraitkaitnut incarnate into the world as spirits of Order. The whites and their offspring incarnate as spirits of disorder – all of them.** Once again, disorder is NOT the balance of Order. Disorder is the perversion of order. **The inclusion of poisonous substances and poisonous people – the whites and their offspring – is an act of self-destruction and one of the greatest manifestations of the insanity of self-hatred.**

Such inclusion not only brings perversity to the Afurakani/Afuraitkaitnit individual herself or himself, but to the Ancestresses and Ancestors Who must return through them via birth. It is an attack on self and our Ancestresses and Ancestors to force them to be born into the world having a white, asian, indian, arab, white-hispanic, white so-called ‘native’ american, or other ‘parent’. This creates conflict in an Afurakani/Afuraitkaitnit spirit who has returned to live in the world once again through such a so-called inter-racial coupling, because his or her spirit will be assaulted by the white ‘parent’, the white ‘parent’s’ relatives and the constant perverse communications from the white ‘parent’s’ deceased relatives. The goal of the whites and their offspring is always to misguide the Afurakani/Afuraitkaitnit child to embrace white people, the enemy, their culture and false religions – thereby perpetuating white rule through the suppression of our natural desire for revolution-resolution.

The conscious Afurakani/Afuraitkaitnit ‘mixed’ child however, using his or her nhumu, grows to hate his/her white ‘parent’, the white ‘parent’s’ family and lineage and rejects them completely.

The union of Afuraitkaitnit obaatan and Afurakani obarima is the definition of *anaree*. **The notion that two males or two females can balance one another out is absolutely insane. It is physically and spiritually deviant and self-destructive. The practice of dissexuality (homosexuality) in any form is an insane, perverse practice which is the basis of the identity of the whites and their offspring. This is why it is they who promote it.** However, it is a foolish, attempted assault on the Divine Living Energy, the Creator and Creatress, **Ra** and **Rait**, Who created all authentic entities in female-male balance. Such an insane affront to Divine Order is the highest manifestation of disorder for an Afuraitkaitnit female or Afurakani male to even consider and especially to engage in. **This is why Nyamewaa-Nyame, the Abosom and the Nananom Nsamanfo absolutely hate dissexuality as well as the whites and their offspring – the purveyors of dissexuality.**

The planet **Afi** and the Female *Obosom* operating through that planet is the same Spirit-Force operating through your reproductive system. The planet **Afi** is the closest planet to *Asaase* (Earth) and is nearly the same size. The

gravitational pull of **Afi** affects the magnetic field of *Asaase*. In your body, the energetic effects of **Afi** affect the magnetic pull you have with regard to the Afurakani man, sexual arousal, procreation, as well as the energy arousal responsible for artistic creation, innovation and attunement.

The beauty of an Afuraitkaitnit obaatan stimulates within the Afurakani obarima the desire to harmonize with you and with Divine Order in all that he does. This is because beauty, from the Afurakani/Afuraitkaitnit perspective, the true perspective, is a manifestation of Divine **harmony**. **Beauty is evidence that Divine Order is being expressed in some fashion**. In Afurakani/Afuraitkaitnit culture, Law and Love are the same word and the same concept. To be *in love* with someone or something is thus to be *in law* with someone or something. This means that one is in *harmony* with Divine Order with respect to that person or thing. Our natural impulse is to properly align ourselves with Divine Order, and this is why beauty, **few** in the Akan language, is **motivational**. It arouses not only the sexual aspect of our being, but all of the sensory aspects of our being. Once aroused we are able to commit to, marry, join, *harmonize* with **Nyamewaa-Nyame Nhyehyee, Divine Order**. *Awaree* in Afurakani/Afuraitkaitnit culture is based therefore on a truly *lawful* (love-full) relationship. A relationship between the obaatan and obarima committed through Divine Law (Love).





Afi in Akan is derived from **Fait** (fah-ee' or feeht) a title of **Het Heru** in Kamit. The name **Kyekye** (Cheh'-cheh), a title of **Afi** is the Akan vocalization of **Het Her**. **Afi** is shown above lending Her energy to the **Per Aa** (Pharaoh) **Seti** through the use of her sacred **menat** symbol which is a talisman/shrine of the *vulva*. The vulva is governed by **Afi** externally, while internally She governs the fallopian tubes which receive the ova (eggs) from the ovaries and transports them to the uterus for implantation, grounding.

As *awaree*, marriage, is the foundation of a stable oman (nation) it is incumbent upon us to foster balanced relationships. Imbalanced relationships manifest spiritual discordance and instability. This can lead to one drawing a certain kind of unstable Ancestor or Ancestress into the womb. **An uncultivated Ancestor or Ancestress being drawn into the womb and eventually born into an unstable family dynamic perpetuates instability within the relationship and also the larger community.** When relationships are cultivated to be strong, then strong, cultivated Honorable Ancestresses and Ancestors are often the kind of Spirits drawn into the womb to be eventually born as the children of the married couple. These wise Elders/Elderesses returning to the world bring their cultivated, balanced energy to the family and community. This furthers the goal of **Amansesew – Nationbuilding/Restoration.** **However, even if less stable Ancestral Spirits are drawn into the womb of a balanced, grounded married couple, then this gives the returning Ancestral Spirit the opportunity to grow and develop in a stable environment. They can be cultivated, restored to Order and become an asset to the Afurakani/Afuraitkaitnit oman (nation).**

We must therefore be judicious about our approach to relationships, rooted in our **Ancestral moral foundation**. We do not settle for any form of disrespect or abuse of ourselves or our children. This is not part of our culture as Afurakani/Afuraitkaitnit people. **We also do not compromise our Ancestral Religion, for Ancestral Religion animates our culture.**

*The Afuraitkaitnit obaatan does not seek to enter a relationship, nor perpetuate a relationship, with an Afurakani male unless he is already involved in authentic Ancestral Religion or is **legitimately** working to return to Ancestral Religion. Pseudo-religions, inclusive of atheism, are incompatible with truth and incompatible with Ancestral Religion.*

We have been collectively conditioned to have such low-regard for ourselves that we cannot take a period of solitude. Individuals thus proceed to fill the 'void' with disordered relationships which furthers spiritual discordance within their lives, all in an effort to not be alone - *with themselves*. This is a manifestation of conditioned self-hatred among Afurakanu/Afuraitkaitnut.

Your self includes your Okraa (Soul) - the female Obosom (Deity) that resides in your head.

Taking time to be with **yourself** is taking time to be with your **Self**. It is time to commune with your head Obosom, to realign with the Divine Function you were given to execute in Creation. It is time to refine your spiritual capacities, potencies, power and the judicious use of that power to function harmoniously in Creation while executing your function, interfacing with our people and guarding against our enemies.

That place of realignment positions you to cross paths with the Afurakani obarima who you should connect with and marry - not out of desperation or weariness from 'loneliness' but as a result of groundedness born of the wise employ of solitude.

Afi grounds this process of participating fully in the Divine Order of Creation via marriage by attuning yourself to the Afurakani male who is your balance. **Afi** shows us that cultivating a balanced relationship, the foundation of a strong family and stable nation, is truly matter of **national security** for Afurakani/Afuraitkaitnit people.

The seventh principal value of **OBAATAN** directs us to:

NUTURE *Understand that Order must be nurtured through your specific Afuraitkaitnit cultural context: communal womanhood*

The Afuraitkaitnit obaatan through the various principal values has recognized, embraced and actualized herself, properly defined her individuality, her value. However, the Afuraitkaitnit obaatan recognizes the reality that her individual identity is interconnected with those of her specific Ancestral blood circle. She is a component part of a system and therefore she does not exist in isolation. **Amammere**, culture, a specific way of life, is written into our **Okraa**, in the form of *nkrabea* (Divinely allotted/given function to execute in Creation) and made manifest in our **mogya**, our blood.

All Afurakanu/Afuraitkaitnut need water to survive and function harmoniously, however we cannot take in water in the same manner that fish take in water. We cannot imitate their *culture*, their way of life/living. If we attempted to do so, we would attempt to take in water by breathing under water, resulting in our own demise. We must recognize that we are comprised of the same elements as other *created* entities such as fish, however our structure is such that we have to follow certain protocols, certain patterns of behavior, in order to function properly.

There are dietary needs that differ between the Afuraitkaitnit obaatan and the Afurakani obarima, because our systems are similar, but different. There are dietary needs that differ between the Afurakani/Afuraitkaitnit **opanyin**, adult, and Afurakani/Afuraitkaitnit **oba**, child, because of the different stages of development. Afuraitkaitnit mmaatan of different energy configurations, have differing energetic needs. We are similar but different. It is through our Afurakani/Afuraitkaitnit Ancestral *Amammere*, that great reservoir of over **1,000,000 generations of Earthly experience** catalogued by our *Nananom Nsamanofo*, that we learn about our commonalities and our differences and structure our lives and behavior accordingly.

All of the cells of the body are “body-cells” however, they are configured differently and their function in the body is an expression of their specific

configuration. Liver cells are part of the liver family-clan. They cannot execute the functions of lung cells. Lung cells are part of the lung family-clan. They cannot execute the functions of immune system cells. Immune system cells are part of the immune system family-clan. They cannot execute the functions of bone marrow cells, and so on. However, as they all execute their specific functions in harmony with their Divine design, the body functions in its natural harmonious state.

Afurakanu/Afuraitkaitnut, the only human beings *created* by **Nyamewaa-Nyame**, are cells in the Great Divine Body of **Nyamewaa-Nyame**. The Divine ‘Organs’ of **Nyamewaa-Nyame** are the *Abosom*, the Spirit-Forces in Nature operating through and animating the Suns, Moons, Stars, Planets, Oceans, Earths, Winds, Fire, Air, thought patterns/Divine Intelligence, and more. We, born into the world through one of the planetary bodies (*Asaase /Earth*), are cells within one of these Great Divine Organs’ Systems. We are further defined by the specific Ancestral blood circle we have incarnated through. One **abusuakuw** (matrilinal clan) may be governed by a fiery *Obosom*. The members of that particular *abusuakuw* will manifest fundamental character traits associated with that Spirit-Force. They will also have certain dietary, social and other protocols and restrictions that members of another *abusuakuw* who may be governed by a watery *Obosom* may not have.

On a fundamental level, there are substances in different foods that are allergens for one individual, while another individual can eat the same food and not develop an allergic reaction at all. While all allergens are not related to the divine restrictions, **akyiwadee**, of an *Obosom*, there are some that do carry Divine sanction. They demonstrate a fundamental difference, a uniqueness manifest from one Afurakani/Afuraitkaitnit individual to the next. They also demonstrate the reality that if our natural, Divinely created differences are not respected, honored and valued, we will suffer. Indeed, we can die from a basic allergic reaction as well as from not respecting an *akyiwadee*, a taboo, or Divine prohibition.


When an Afuraitkaitnit obaatan, after having cultivated her awareness of her unique place in Creation, has balanced that awareness with the Afurakani obarima who is her other half, they together must recognize as a newly fused

Divine Unit – capable of bringing an Ancestor and Ancestress back into the world, back into a family – that the *ammere*, the culture, established by and transmitted by the *Nananom Nsamanfo* is an entity which must be nurtured and an entity within which they must operate.

A cell cannot live outside of its family/clan organ or organs' system. An Afurakani/Afuraitkaitnit individual cannot function harmoniously in Creation outside of the Divinely structured *ammere* that he or she was/is born into – that he or she has inherited.

The internalization and operationalizing of this reality completes the Afuraitkaitnit obaatan, for she has crossed the threshold of communal womanhood.

The planet **Amen Men** is the furthest of the planetary bodies visible to the eye of the average Afurakani/Afuraitkaitnit individual. It completes the *cycle* of the planetary bodies with the widest or all-encompassing orbit of *Onia*. While there are other planetary bodies in the universe, it is of great importance that we recognize the value of those which we can see. The light of the planetary bodies that we can see penetrates the *ani* (eye) and stimulates physiological processes which affect thought and behavior. The light is also an energetic connection, like a spider's web, from one Living Entity to another. We are able to use the light-energy, of that which we can see, to connect with the energy of the *Obosom* governing the body/planet. In this manner, we gain direct *in-sight* into the working of that Force in Nature and its working within ourselves. These are two of many reasons why our Ancestresses and Ancestors focused on the planetary cycle of *Onia* (**Awusi**), *Osrane* (**Adwoa**), **Bena** and **Abenaa**, **Awuku** and **Akua**, **Yaw**, **Yaa** and **Aaba**, **Afi** and **Amen Men**.

Menmen[it]  B.D.C
), a form of Hathor adored in the Fayyûm.

The Obosom **Afi** operates as the Female Obosom animating the planet **Afi**. However, when the Obosom **Afi** (**Het Heru** misspelled Hathor) operates in harmony with the Great Mother **Amenet**, She is called **Menmenit**.

Menmenit *possesses* the planet **Amen Men**. The female name of the planet is thus **Menmenit**. Her title in this function is vocalized in Akan culture as **Amemenewaa** (shortened also to **Amma, Ama, Aamit**).

Because the planet **Menmenit's** reach *within the seven-day cycle* is greatest, because the berth is widest, because **Menmenit** completes the cycle, the *Obosom Menmenit* or **Amemenewaa** is recognized in Akan culture as the *Ancient One*, the *Elderess*, **Atoapemma**, *She who is unsurpassable*. These are also references to experience and knowledge. **Menmenit** is the Divine repository of *Amammere*. The energetic effect of **Menmenit** on *Asaase* (Earth) is manifest through the axis, the magnetic pole running through the planet, constantly transmitting and processing the various projections from all of the other celestial bodies. The central axis running through your body, fired by the marrow in your bones, continuously transmitting and processing the energetic contributions from the organs and organs' systems within you and the projections coming from those outside of you, affects the manner in which you approach the world. Your attraction to or repulsion from certain activities, individuals and entities shape your way of interacting, your way of life, your *amammere*, your culture.

An Afuraitkaitnit obaatan gains experience by properly engaging and assessing the value of these transmissions. She catalogues her findings in the process, which confirms the value of her inherited *amammere*. She herself is then able to transmit this *amammere* to others without profaning it. She thus becomes an example of **obaatan** for those Afuraitkaitnit females who are coming behind her and for those who were with or ahead of her but have yet to harmonize their thoughts, intentions and actions with **Nyamewaa-Nyame Nhyehyee, Divine Order**.



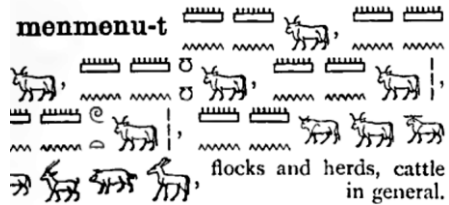


Menmen[it]



, a form of Hathor adored in the Fa

menmenu-t



flocks and herds, cattle
in general.

Menmenit as a title of **Het Heru** is also a term referencing *cattle*. Here the cows are the **akyeneboa**, *sacred animal totem* of **Menemenit (Amenmenewaa)**.

Menemenit is the head of *seven Female Abosom* who govern *seven ancient Ancestresses*. These seven Great Ancestresses are the heads of the *seven great abusuakuw* (matrilineal clans) in Akan culture and many other cultures in Afuraka/Afuraitkait (Africa). All Akan people are descendant directly, spiri-genetically, from one of the seven great Ancestresses who are governed by the Seven **Het Heru** Abosom. These clans are maintained amongst Akan people in the **Hoodoo Religion** – Akan Ancestral Religion in North America.

The Seven **Het Heru** or **Menmenit** Abosom possess and animate the constellation called **Aberewaa na ne mba**, the *Ancient Mother and Her Children* in Akan, called the *Pleiades* and *Seven Sisters* by the whites and their offspring.

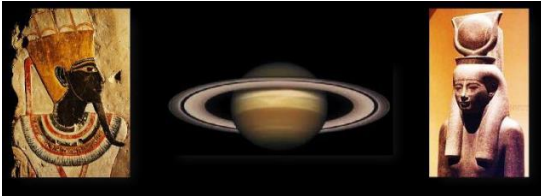


Seven **Het Heru** Abosom in female form.

We are nursed and nurtured by our Great Mothers. This is **transcarnational** transmission of spiri-genetic *inheritance* and *ammere*, culture. We are born into Ancestral clans, of *specific* blood-circles, with *specific* individual and clan identities and *specific* ritual, cultural and spiritual capacities and restrictions, born of the *specific* functions we have been designed to execute in Creation by **Nyamewaa-Nyame**.

It is only within your *specific* cultural context that you can function harmoniously as an Afuraitkaitnit obaatan in relation to your Afurakani obarima, your children, your family and the oman (nation).

The process is now complete.





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